

# Project Update

Edition 1: June 2011

## Workshops

### Workshop 1: Organisation and Delivery of PE and Sport: 23rd May – 27th May

The Sports Upskilling sessions for the Africa Inspires project have been mapped out by Neil Parker (Coventry Project Manager), who has extensive experience of introducing and implementing progressive teaching, coaching and sports development structures within schools in the UK.

Following the implementation visit to Kampala that took place in March 2011, Neil was able to formulate a workshop structure that he felt suited the environment and teaching experience within the Kampala schools.

Therefore, this first upskilling workshop focussed on the Organisation and Delivery of PE and Sport, and Neil was accompanied by Stuart Davoile who is the School Sports Coordinator from one of the Coventry twin schools - The Westwood School.

The workshop was designed to be interactive, practical and resource based, so that Neil and Stuart travelled to Kampala fully laden with both teaching resources and equipment that was eventually retained by the schools at the completion of the week long workshop.

The format for the workshop was such that two teachers from each of the five twin schools and a guest school (St John Bosco School) along with the Education Divisional Manager for the Rubaga Division, worked as a group for the first four days.

Based from one of the twin schools (Nateete Primary), they worked through progressive skill and teaching development, firstly as a group of teaching staff and then working with selected groups of children from Nateete Primary. The group also developed observational and assessment skills through evaluating each others session delivery.

For the final day of the week the teachers returned to their own schools to deliver sessions with groups of children alongside other teaching colleagues, while Neil and Stuart observed and provided constructive feedback.



The Key Aspects of the Workshop included:

- Organising and delivering a sports activity session
- Identifying information required to run the session
- Preparing a session plan
- Preparing facilities and equipment for the activity session
- Preparing the participants for the activity
- Delivering a planned session that is appropriate to the group
- Communicating effectively and appropriately with participants
- Concluding and reviewing a session

The Key Sports in the workshop were:

- Warm Up Games
- End Ball (Netball / Basketball skills)
- Tag Rugby
- Rounders
- Football
- Tennis



Workshop Assessment from Neil Parker:

***It was very rewarding to work with the teachers from the Kampala Schools delivering totally new sports and fun activities and then watching them repeat the sessions to the children within their own schools. The children quickly took to the new games and were very excited, enthusiastic and whooped with delight when being introduced to new forms of activity and coaching.***

***It was an incredibly satisfying experience to see children revel in their first game of Tennis or Rounders and there was clearly a high level of natural ability within the groups of children.***

***When we return in July we hope to see the equipment well used and the children playing, enjoying and experiencing new activities and all the fun and enjoyment that comes from being involved in participating in sport.***



Feedback from the Teachers:

At the conclusion of the workshop, the teachers were required to complete assessments to provide feedback on the structure and delivery of the workshop.

***I like the togetherness we have created between the schools***

***I liked the information in the booklets because I can read it often and remind myself what was taught***

***Good communication between Neil, Stuart and the teachers***

***I have learnt the impact that Physical Education has on other subjects and on learners***

***I have learnt that PE teaching is all about respect, time and commitment***

The next visit to Kampala from the Coventry team is scheduled for the end of July, which will be for the mini Olympic event that is planned (see below), whilst the second upskilling workshop will follow on from this in mid October.

# School Partnerships

Since the initial launch of the Africa Inspires project and the School Twinning programme, the schools in both Coventry and Kampala have developed their own sense of community, with the five schools in Coventry meeting on a regular basis to plan activities and events such as the mini Olympics in July, whilst the heads teachers from the five schools in Kampala have already organised themselves into a project committee.

The structure of the twinning relationships is such that each of the five schools in Kampala is twinned with both a secondary school and a primary feeder school in Coventry. This format ensures that there can be meaningful partnership between both pupils and teaching staff across the full breadth of the school communities, as the age of children in the Kampala primary schools can range from as young as 4 through to the age of 17.

Whilst the partnership will focus on the core project objectives of sports development and the provision of clean and accessible drinking water, the schools are being encouraged to explore and extend each of their own respective relationships to wherever it can benefit the schools and pupils in both Coventry and Kampala.

Within each school, there are two appointed teachers to drive and coordinate the twinning relationship (an appointed Sports / Games teacher; and an appointed International Partnership teacher) along with two Pupil Partnership Ambassadors to ensure that the twinning relationships are also being driven from within the student base.

Certainly, the evidence from the Coventry schools is such that these pupil ambassadorial roles were the subject of a full recruitment learning process that involved application, interview, appointment and project induction.

In addition to this, the project team has also worked to provide localised support to all of the schools through the development of partnerships with Rotary Clubs in both Coventry and Kampala, such that many of the schools are already benefiting from being 'adopted' by a Rotary Club, to provide guidance and assistance to the project teaching staff and ambassadors along with essential fund raising.

One of the twinning relationships has also attracted commercial support, so that the project ambition for the partnerships is that each of the school twinning relationships between a school in Kampala and two schools in Coventry (secondary / primary feeder) will have a network of support from both Rotary Clubs and a localised sponsor from industry.

The school twinning relationships are as follows:

Kampala School	Coventry Secondary	Coventry Primary
Nateete School	Foxford School	Grangehurst School
Mutundwe School	Westwood School	Cannon Park
Kiddawalime School	Lyng Hall School	Stoke Heath
Bright Future School	Stoke Park School	Stoke Primary
Family Primary School	Caludon Castle School	Wyken Croft

The Africa Inspires Committee formed by the head teachers in Kampala is:

**Chair:** Kiddawalime Preparatory School Head Teacher

**Vice Chair (also responsible for Water and Sanitation):** Bright Future School Director

**Secretary:** Mutundwe School Head Teacher

**Secretary for Sports:** Nateete School Head Teacher

**Secretary for Professional Development & Sister Schools Coordination:** Family Primary School Head Teacher



# Water

Some initial scoping of the specific water implementation requirements within each of the five Kampala schools has been undertaken, focussing on detailing the most deliverable and viable options for the implementation of water projects within each location. It would appear that the most feasible solution in each school is the implementation of water harvesting installations as a result of school buildings offering sufficient surface areas from rooftops from which to collect rain water.

Currently, the Kampala Project Manager (Daniel Ssembogga) has been working with other members of the project team to develop proposal and tender documentation that can then be considered by a number of Implementing Agencies. Some proposals have already been received from agencies, such that proposals are being tested alongside some previous experience of water harvesting installations across Africa.

In the meantime, the five Coventry Secondary Schools are working with their twin Rotary Clubs to coordinate the necessary fund raising to facilitate the installation of the water harvesting tanks, which from the initial estimates and proposals received are likely to cost around £4,000 each.

The project team are working to timescales that will ensure that the installations are all completed by the end of the programme in July 2012. Accordingly, there is also the possibility that the partnerships will be looking to raise the necessary funding to facilitate the supply of water filtering solutions as an interim measure.

Within the schools, the Kampala partnership has appointed one of the five head teachers to coordinate aspects of Water and Sanitation (School Director – Bright Future Primary), whilst the International Partnership Teachers will be coordinating the efforts within each of the five Coventry schools.

# Communication

Whilst the core objectives of the Africa Inspires are focussed on areas of sports development and the provision of clean and accessible drinking water, the project format which is founded in the twinning relationships between schools has meant that communication between the respective schools has also become central to the success of project.

As such, Coventry Sports Foundation's Marketing Team has already developed a website and social forum, which is about to be launched in the near future. The website will allow schools and partners to access project updates and reports, whilst the managed social forum will facilitate direct communication between the teachers and pupils of the schools in Kampala and Coventry.

Although access to electronic communication is relatively straightforward for the Coventry based schools, the project team is currently working to facilitate the supply, installation and connection of computers in the Kampala schools.

A project sponsor (HBT Communications) has already pledged the supply of hardware for each of the Kampala schools, such that each school will be supplied with a laptop computer and desktop computer with flatscreen along with a range of mp3 players and DVD players for use within the school for educational purposes.

The project team have held some initial discussions with a service provider in Kampala, who has offered to install lines, connections and accessories. The schools would be responsible for the ongoing line rentals and data packages, which they have all agreed to as a condition of any such installation. The rental and data contracts would therefore be between the service provider and the schools.

Ultimately, the ongoing success and sustainability of the relationships between the schools will be largely dependent upon their ability to communicate, so that this aspect of the project needs to be addressed and finalised as a matter of relative urgency.



# Mini Olympics Sports Festival - July 2011



When Seb Coe secured the 2012 Games for London, he said that they were not just for London or the UK, but should be a stage from which to inspire the youth of the world. London's vision was one of inspiration and legacy and Coventry and Warwickshire 2012 (CW2012) was inspired to reach out in particular to the youth of Africa through the Africa Inspires project with Kampala.

The London Olympics will open at the end of July next year and to celebrate the 'one year to go' mark, the Africa Inspires team are currently planning a mini Olympics for the five participating schools in Kampala for the week commencing 18th July 2011.

The event will bring together representation from all of the partnering schools for the first time within the project, as a delegation of 20 people from the Coventry schools will travel to Kampala for the week to coach the participants and organise the 'mini Olympics'. Each of the five schools in Coventry will be sending their two teacher representatives (School Sports Coordinator and International Partnership Teacher) along with their two Pupil Project Ambassadors.

Once there, the teams will work in their respective twin schools for the first four days, with the School Sports Coordinator and the Pupil Ambassadors coaching the school team in readiness for the Olympic Festival on the final day. In the meantime, the International Partnership Teacher will be experiencing the wider culture and life within the school in order to share the experiences in an engaging way with their own school in Coventry.

The festival is being supported by a range of partner including Makerere University, who will be hosting the mini Olympics on the final day, when approximately 1,200 – 1,500 children from the five Kampala schools will be transported to the University for their first ever inter school sports festival. The younger age groups will compete throughout the morning and the older children from the schools will be brought together for competition in the afternoon.

The University have offered the use of their facilities, equipment and 25 sports management students to assist in the organisation and delivery of the event. They are also looking to assist with the transport of the children to the University grounds.

Both the British High Commission and the British Council are eager to be involved in the staging of the mini Olympics and have kindly offered to donate prizes, marquees and water for the participants throughout the event.

The experiences of the respective teams will then be developed by the 6th form Ambassadors into presentations that can be used within the settings of the Coventry schools and sponsoring agencies to encourage and contextualise the twinning relationship.



# Inspiring the youth of the world

# Gallery Links

Image galleries for the Africa Inspires project can be viewed at:  
(Click on the link to launch gallery)

**Project Scoping Visit - May 2010:**

<http://www.africa-inspires.com/scoping-visit>

**School Equipment Delivery - May 2010:**

<http://www.africa-inspires.com/school-equipment>

**Implementation Visit - March 2011:**

<http://www.africa-inspires.com/school-sports>

**Upskilling Workshop 1 - May 2011:**

<http://www.africa-inspires.com/upskilling-workshops>



# Contact / Feedback

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